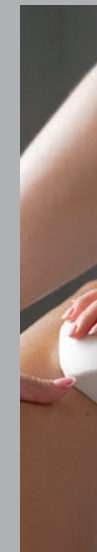
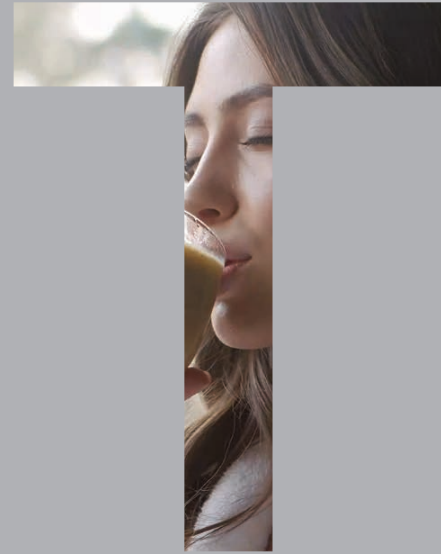


TRIO

WELCOME TO THE WEIGHT LOSS ACADEMY TRIO

Rejuvenation, cleansing, health improvement are the three pillars of all Academy's programs. As a result of TRIO detox programs, you can normalize body weight, improve digestion and metabolism, and cleanse, heal and rejuvenate the body without harm and stress.



WEIGHT LOSS ACADEMY TRIO

The Academy is located in the territory of GOODZONE modern suburban complex in an ecologically clean area near Dnipro city.

It is here that favorable conditions have been created for TRIO Academy detox programs.

WITHOUT HARM AND STRESS.



GOODZONE HOTEL

Business & Relax Hotel GoodZone is the best 4-star countryside hotel in Ukraine, located on the coastline in an ecologically clean area in a picturesque pine forest with its own sandy beach, amazing lake and fragrant pine air.



The hotel complex consists of four separate hotel buildings, as well as cottages located in the forest zone and cottages standing on the banks of the river.

All rooms correspond to the European standards.

Unique design solutions are aimed for creating a comfortable and cozy atmosphere.

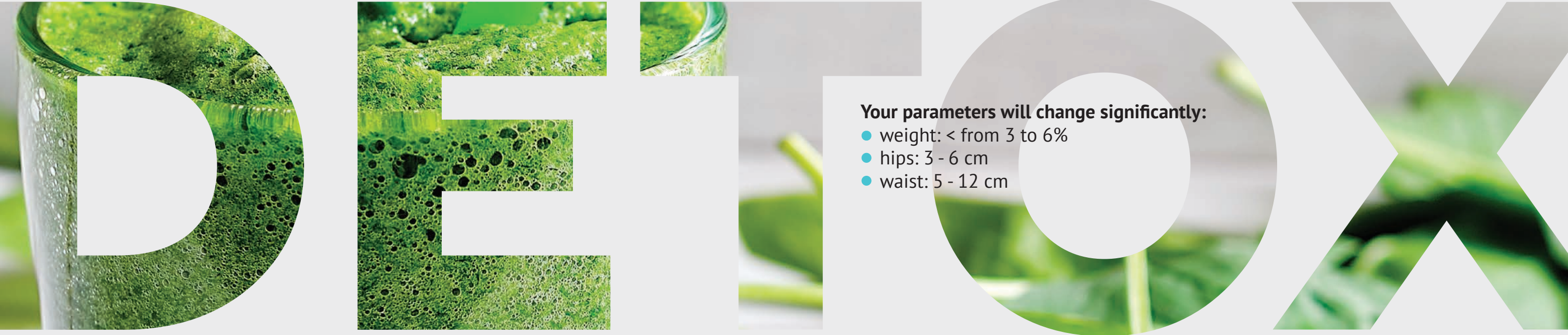
Business & Relax Hotel GoodZone is a space of health, beauty and harmony.

GOODZONE - relax and get well in Ukraine!



TRIO CLINIC OFFERS

CORRECTION OF THE APPEARANCE
AND RESTRUCTURE OF YOUR BODY
TO THE REGIME OF CORRECT WORK



Your parameters will change significantly:

- weight: < from 3 to 6%
- hips: 3 - 6 cm
- waist: 5 - 12 cm

Choose the DETOX program duration that is comfortable for you



WEIGHTLOSS

DETOX PROGRAM

DETOX program includes:

- Accommodation
- Special dietetic food program
- Physician's consultation and care
- Bioimpedansometry
- IYASHI DOME Detox capsule (exclusively in Ukraine)
- Pressotherapy (Starvac)
- Vacuum-roller massage (Starvac)
- Underwater massage treatment
- Body wraps
- Lymphatic drainage massage
- Healing Herbs SPA program
- Nordic walking
- Detox smoothies
- Psychologist consultation
- Workout (Pilates, Bodyflex)
- Peeling
- Face massage (Starvac)
- SPA-Efferens cleansing



REJUVENATION CLEANSING HEALTH IMPROVEMENT

IYASHI DOME CAPSULE

EXCLUSIVELY IN UKRAINE

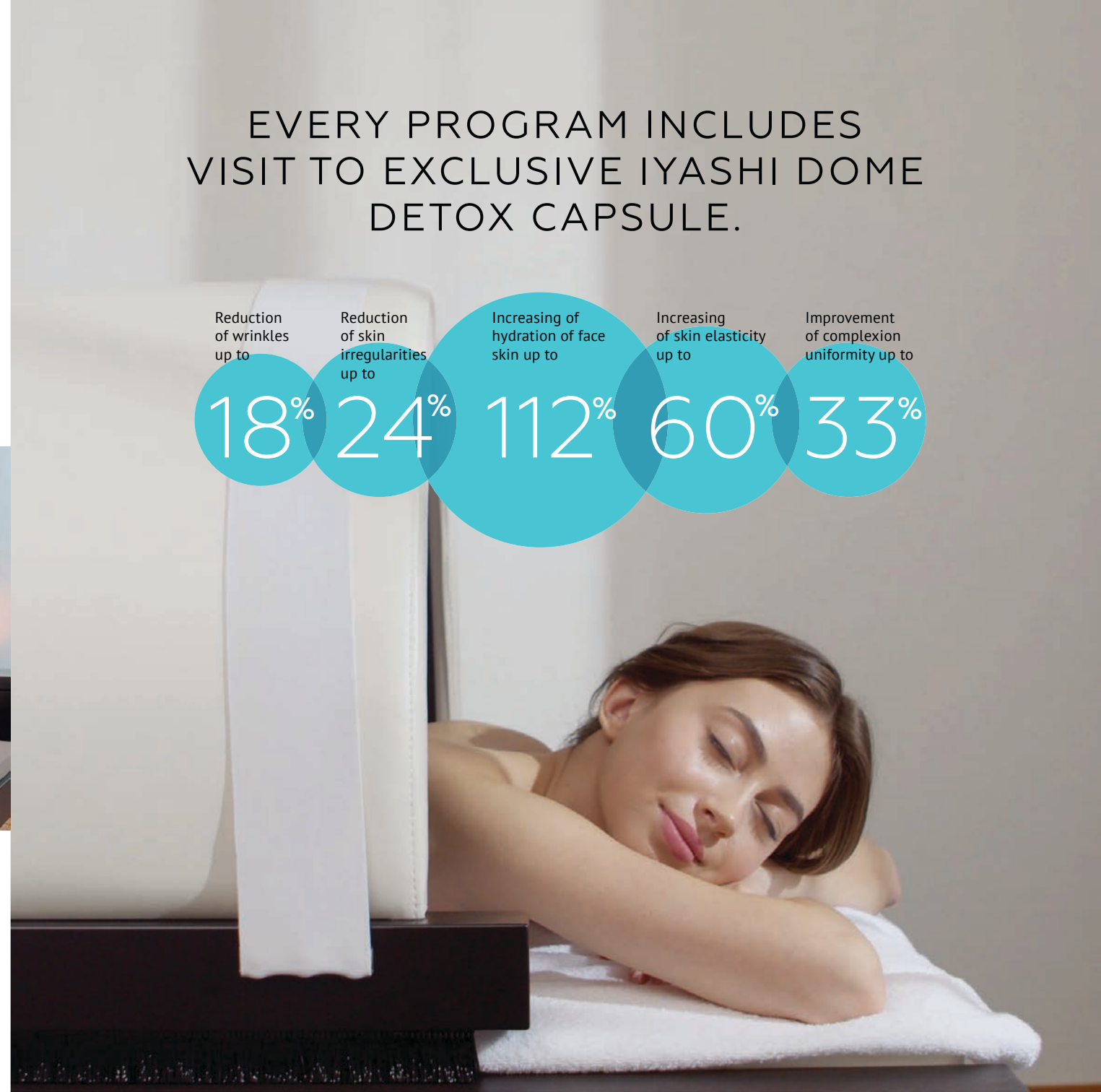
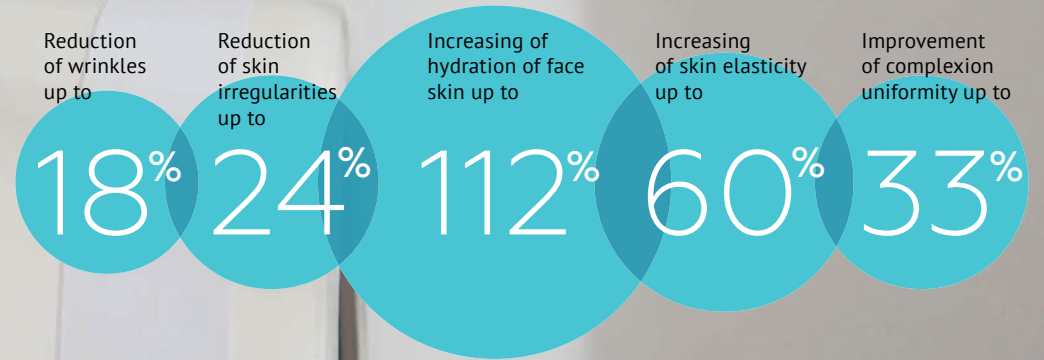
This is a modern innovative development of Japanese scientists using infrared rays.



A special carbon emitter produces infrared waves that match in length with the waves emitted by the human body.

When interacting, the waves enter into resonance, increasing the depth of penetration and the degree of influence on metabolic and energy processes, activate the hidden reserves of the body.

EVERY PROGRAM INCLUDES VISIT TO EXCLUSIVE IYASHI DOME DETOX CAPSULE.



IYASHI DOME CAPSULE

A living cell is an inexhaustible source of energy. Not seeing full use of it, the energy in the cell is extinguished and goes into a "sleep mode".

REJUVENATION

TASK OF IYASHI DOME DETOX MODULE IS TO RUN THE CELLULAR ENERGY SYSTEM AT FULL POWER.

After the procedure, you feel a surge of strength and energy.

Recommended in case of:

- Cellulite and excess weight
- The need to cleanse the body
- Metabolic syndrome
- Chronic fatigue syndrome
- Sleep disorder
- Decrease in immunity
- Weakness and exhaustion of the body
- Sports and other injuries
- Blood circulation disorders
- Arterial hypertension 1-2 Ast.
- Recovery after bronchitis and pneumonia
- Diabetic polyneuropathy
- Skin burns
- Dyskinetic disorders of the digestive system, psoriasis, neurodermatitis, eczema.

CLEANSING

Recommended for:

- Cleansing the body of toxins and heavy metals
- Quick recovery
- Weight regulation
- Elimination of age-related changes
- Recovery of energy balance



PROGRAM ANTI-STRESS

8 DAYS

HOTEL

SPA

DETOX

PROCEDURES

The anti-stress package includes treatments that help to relieve stress and muscle tension, lift your spirits and re-energize you. Relieve stress at TRIO Weight Loss Academy in GOODZONE.

The program includes:

- Accommodation for 8 days/7 nights
- Special food program
- Bioimpedansometry
- IYASHI DOME Detox capsule
- Anti-stress massage
- Yogurt wrap
- Face massage (Starvac)
- Underwater massage treatment
- Floating
- Pressotherapy (Starvac)
- SPA program
- Nordic walking
- Workout (Pilates, Bodyflex)
- Physician recommendations for nutraceutical support

ANTI-STRESS



INTENSIVE EXPRESS PROGRAM PREPARATION FOR THE CELEBRATION

6 DAYS

HOTEL

SPA

DETOX

PROCEDURES

On the eve of the holidays, we all want to be beautiful and slim. It seems that losing weight quickly is possible only if you do not eat anything and exercise every day, but it is far from true. TRIO Weight Loss Academy has developed for you a program that will help you to lose weight quickly and without harm to the body

The program includes:

- Accommodation for 6 days / 5 nights
- Special dietetic food program
- Physician's consultation and care
- Phytotherapy
- Workout (Pilates, Bodyflex)
- SPA-Efferens cleansing
- Bioimpedansometry
- Manual massage (slim and lymphatic drainage)
- Underwater massage treatment
- Wrapping X50
- Pressotherapy (Starvac)
- IYASHI DOME Detox capsule (exclusively in Ukraine)
- Vacuum-roller massage (Starvac)
- Face massage (Starvac)
- SPA program
- Detox smoothies
- Nordic walking



PROGRAM OPTIMAL WEIGHT

8 DAYS

HOTEL

SPA

DETOX

PROCEDURES

A program that combines the DETOX effectiveness and body shaping methods for the fastest possible weight loss with benefits for the body. An intensive course will help you to recover shape, cleanse the body from toxins, lose weight and improve muscle tone quickly.

The program includes:

- Accommodation for 8 days/7 nights
 - Special dietetic food program
 - Physician's consultation and care
 - Personalized detox and health improvement plan
 - Bioimpedansometry
 - IYASHI DOME Detox capsule
 - Pressotherapy (Starvac)
 - Anti-cellulite massage
 - Vacuum-roller massage (Starvac)
 - Underwater massage treatment
 - Body wraps
 - Lymphatic drainage massage
 - Healing Herbs SPA program
 - Nordic walking
 - Detox smoothies
 - Psychologist consultation
 - Workout (Pilates, Bodyflex)
 - Hammam, salt chamber, russian sauna
 - Breathing exercises
 - Detox Peeling
 - Face massage (Starvac)
 - SPA-Efferens cleansing
- Additionally, recommendations for taking a drainage drink, magnesium, Donat Mg water, chromium, melatonin, and etc.



OPTIMAL WEIGHT

BIOIMPEDANSOMETRY

LEVEL
OF LIQUID

MUSCLE
MASS

FAT
TISSUE

BONE
TISSUE

VISCERAL
FAT

The survey allows you to find out how much muscle, fat, bone tissue is in the human body in percentage terms, and also to determine how quickly metabolic processes occur in the body.

After Bioimpedansometry at TRIO, the metabolic age can be determined and hidden edema are can be revealed.





PRESSOTHERAPY

AN INNOVATIVE SLIMMING
METHOD BASED ON THE FIGHT
AGAINST CELLULITE.

The procedure demonstrates good results, thanks to the precise impact on problem areas with the help of a suit.

Gentle hardware massage accelerates lymph flow, removes excess fluid, removes cellulite and reduces body volume.



UNDERWATER MASSAGE

The procedure improves metabolism, promotes weight loss, increases blood circulation in the skin and the body as a whole, and enhances the recovery processes in the human body.

It activates the lymphatic and venous systems. It relieves pain syndrome, removes the feeling of heaviness in the legs, tones up the muscles, relieves physical and mental stress.

LYMPHATIC DRAINAGE MASSAGE

THE PROCEDURE IMPROVES
HEALTH, SKIN CONDITION AND
SHAPE OF THE BODY.

The procedure that recovers and normalizes lymph flow, blood circulation, removes excess fluid from the body.

The massage affects the entire lymphatic system in such a way that the lymph circulates freely and cleanses, thereby achieving a general health effect and modeling the body.



VACUUM- ROLLER MASSAGE

Vacuum-roller massage using professional massage creams with anti-cellulite and drainage effects.

Cellulite, extra pounds, fat deposits, sagging skin, stretch marks – all these problems can be easily solved by the method of hardware weight loss and body modeling.



FLOATING

ZEROBODY
DRY FLOATING EXPERIENCE



RECOVERY OF BODY

- Reducing muscle and joint pain
- Relief of tension in the spine
- Reducing edema of the legs and feet
- Blood circulation improvement

RECOVERY OF MIND

- Reduction of stress and anxiety
- Spirits raise by serotonin production stimulation
- Sleep quality improvement
- Fast recovery from jet lag



BODY WRAPS

The procedure helps to remove harmful substances from the body and at the same time significantly improve the skin condition thanks to deep hydration and recovery of tone.

SPECIAL DIETETIC FOOD PROGRAM

Our dietitian has developed several weight loss programs and menus to help everyone achieve their goals.

BALANCED MEALS AIMED
AT CLEANSING THE BODY.



COMPREHENSIVE BODY CLEANSING



Non-invasive cleansing of the intestines, liver, bile ducts and bladder, and fluid composition of the body.

HEALING HERBS SPA PROGRAM



Herbal medicine, taking detox tea, fiber, chia seeds helps to remove toxins and normalize metabolism

DETOX SMOOTHIES

It's a great way to start your day with a glass of smoothie! Due to the fact that fruits, vegetables, herbs and berries are not heat treated, they do not lose their beneficial qualities, but on the contrary are fully open. Lightness in the body and vigor are guaranteed.



LIFESTREAM SPA



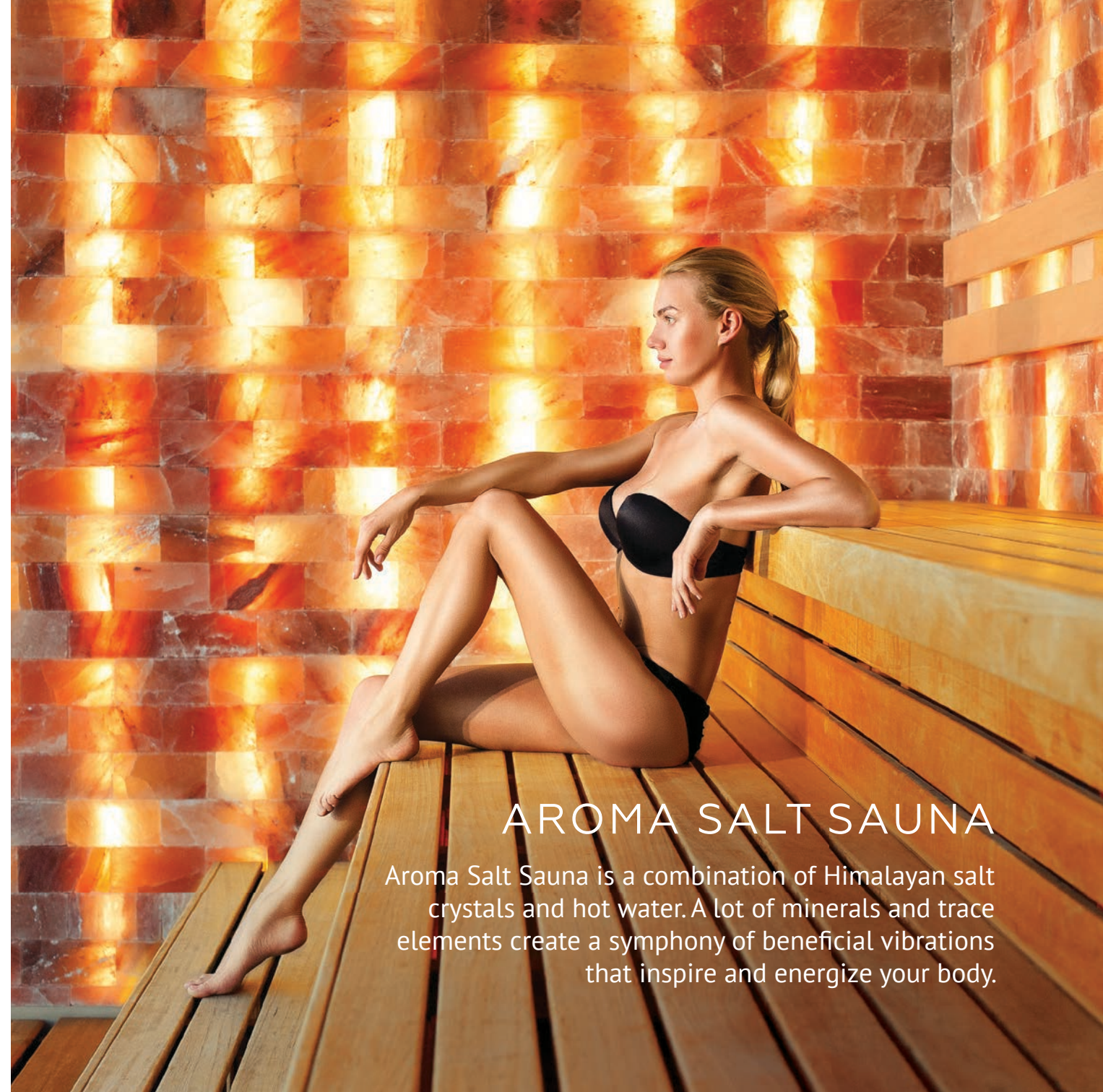
SPA visit is included in every program

TURKISH HAMMAM

You will be able to relax your body and mind while enjoying a fragrant peeling. Coconut-chocolate peeling, Turkish peeling, and blue clay and cinnamon peeling are waiting for you. They will give you an unforgettable experience.

BATH HOUSE

The bath house will amaze you with an exceptional combination of steam and temperature, and a professional bath attendant will offer you steaming with a broom, rubbing with herbal bags, honey-sugar peeling and much more.



AROMA SALT SAUNA

Aroma Salt Sauna is a combination of Himalayan salt crystals and hot water. A lot of minerals and trace elements create a symphony of beneficial vibrations that inspire and energize your body.

WE ARE WAITING
FOR YOU!

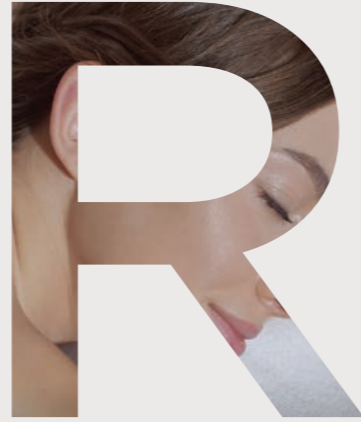
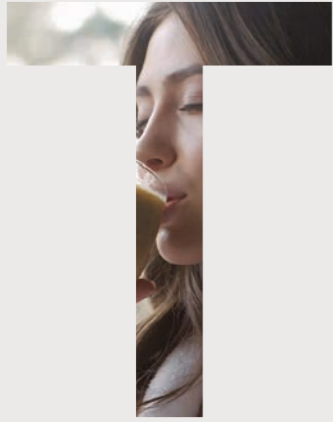
WEIGHT LOSS ACADEMY TRIO

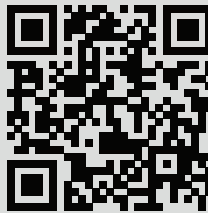
GOODZONE HOTEL

Ukraine, Dnipropetrovsk region, Novomoskovskiyi district,
Pishchanka village, 70 Chkalova Str.

+38067 820 50 50 trio@gzhotel.com.ua

0 800 50 51 52
goodzonehotel.com.ua





TRIO WEIGHT LOSS ACADEMY

0 800 50 51 52

24/7, calls from landline phones
are free of charge